

## COMINON

## INFORMATION FOR WHĀNAU

This activity nudges tamariki (children) to explore what they have in common with each other, even those they may think are different to themselves.

People often gravitate towards those who' look like us. We do this because we assume we will have more in common with others who look, or sound, like us. But this means we might miss out on opportunities for friendships, and it can make others feel like they don't belong or aren't welcome.

We think it is important to reach out across all sorts of differences cultures, faiths, backgrounds, identities, favourite sports. While we may look different or do some things differently, there are always ways for us to connect. Finding a connection can make it easier for us to celebrate our differences too, because there is no one way to be, and difference makes our communities stronger.

Ka pai! We don't know what you might find in common, but we hope you have fun finding out about someone new and sharing about yourself too.

InCommon loves to celebrate Aotearoa New Zealand's incredible diversity. Our mahi is focused on helping to make our communities more inclusive places for all.

He ira tangata. He ira rongomaiwhiti tāu (Our differences make us unique, and we all have things in common).

The InCommon Tamariki Activity was developed by InCommon alongside a group of year 7 and 8 tamariki from Te Kura o Ōpāwaho/Opawa School in Ōtautahi Christchurch, with funding from the Mental Health Foundation in support of the Pink Shirt Day kaupapa.







