

 Mahia te Aroha  
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**Which is your favourite season for food?**

- Spring
- Summer
- Autumn
- Winter

**Do you prefer eating with...**

- Chopsticks
- Knife and fork
- Your hand and fingers
- A spoon

**Does the idea of hosting a large dinner party fill you with...**

- Excitement
- Dread
- Depends on the day!

**What is your earliest or most treasured food memory?**

**What food do you cook on special occasions?**

**What dish do you want to learn to cook?**

**What is the last thing you cooked using a recipe?**

**Do you follow any family food rituals or traditions?**

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**What do you cook when you don't feel like cooking?**

**What three things are always in your pantry/fridge?**

**What is your favourite kitchen utensil or appliance?**

**At home where do you sit to have a hot drink when you want to relax?**

**Do you say a karakia or prayer before you eat?**

**What is your go to comfort food?**

**Do you own any cookware handed down to you from family that hold special memories?**

**What is your most treasured family recipe?**

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**What meal do you remember most vividly?**

**What food do you always have room for more of?**